



Free detailed hike description



# Dyna

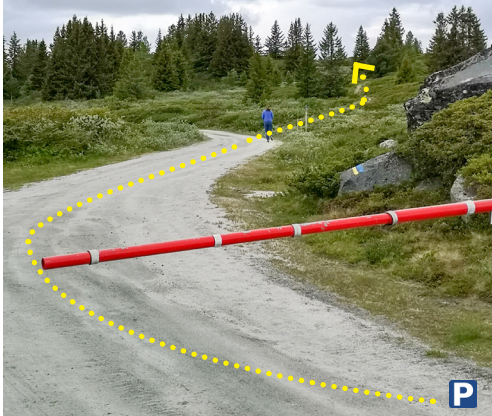


Distance	13 km*
Time (est.)	3-4 h*
Elevation	400 m
Marked trail	
* back and forth	

Round trip to a mountain with a great 360 degree view.

Photo by Solveig Hjellen

**1.** From parking, follow gravel road for 100 m, then take right onto trail marked "Bergstien" and "Dyna".



**2.** The trail is marked with blue and yellow painting. Follow these to the top.



**3.** Welcome to the top, 1212 meter above sea level! From here, we recommend an alternative route (Rypeleggen) back to the start - still following blue/yellow marks.



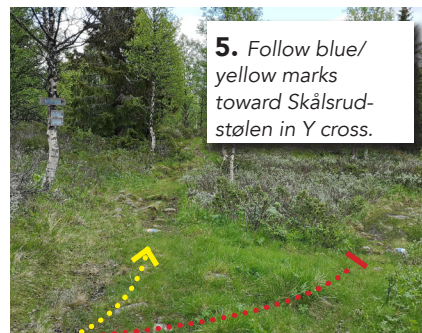
**4.** Take left here.



**5.** By the lake Svartevatnet, follow sign toward Skålsrudstølen.



**5.** Follow blue/yellow marks toward Skålsrudstølen in Y cross.



**Turn page**  
for map and description



For detailed online map and more info, go to [www.ut.no](http://www.ut.no) (also an App)

### Starting point /parking:

Drive to Skålsrudstølen. Park just before a road barrier. Follow instruction photos to navigate to the parking. To navigate to the parking lot using Google Maps: search for 9FGCHQ4V+M4 or Skålsrudstølen.

### About this hike:

Skålsrudstølen has been used for summer farming for centuries. Now the area is mostly used for recreational cabins. This route starts on an idyllic trail through the glistening birch forest, followed by open high mountain terrain.

The goal of the trip is the rounded mountain Dyna, 1212 meters above sea level. This mountain is located on the border with the neighboring municipality of Ål. From the top you can see the characteristic mountains of Hemsedal and Hallingskarvet in Hol.

There are a number of trails to and from Dyna. Here we recommend following two different trails up and down to form a round trip, going anti clockwise. We wish you a good trip!

### **P** Navigate to parking:



1. From Nesbyen, follow Fv214 for 11 km.

2. Turn right. Pay toll (card or coins). Continue 3 km.

3. Turn right towards Skålsrudstølen. Follow this road for 4 km until it ends.

4. Park here. Continue on this road for 100 m to start of trail.

This hike description is made by Nesbyen Tourist Office for inspiration only. All hiking at your own responsibility. Bring a detailed map so that you know where you are at all time. All use of open fire is forbidden in or near forests and other outlying areas from 15 April to 15 September. Enjoy the Norwegian nature!

**Emergency telephones numbers in Norway**  
Fire: 110, Police: 112, Medical assistance: 113

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